

Lifestyle Medicine

A Core Competency of Preventive Medicine

The American College of Preventive Medicine is organizing several new opportunities for physicians and medical professionals to advance their knowledge of lifestyle medicine.



Lifestyle Medicine Newsletter

A new email newsletter from ACPM will provide the latest news and trends in lifestyle medicine. Subscribe to stay current with this growing field.



Lifestyle Medicine Core Competency

ACPM and the American College of Lifestyle Medicine have developed a 30-hour CME online curriculum in lifestyle medicine. Available early 2016, this curriculum will serve as a foundation for a formal lifestyle medicine training and competence program for physicians.



Lifestyle Medicine Meeting Track

Professionals attending Preventive Medicine 2016 can participate in the Clinical Preventive & Lifestyle Medicine meeting track and related sessions on health promotion, early clinical detection, and the application of principles to prevent health problems in a clinical setting.



Building Healthy Communities Symposium

ACPM is organizing an event for leaders in the health and human resources fields to explore innovative methods for creating successful, vibrant, and healthy communities. The one-day meeting will be held in conjunction with Preventive Medicine 2016.

Get started today: acpm.org/lifestyle-medicine

ACPM believes lifestyle medicine is a core competency of preventive medicine and supports the continued exploration of the scientific basis, best practices, and need for education in lifestyle medicine. As the discipline continues to mature, ACPM and key stakeholders will play an important role in ensuring lifestyle medicine practices and programs are based on proven and effective methods of preventing and controlling disease.



American College of Preventive Medicine
physicians dedicated to prevention